

## LEARNING STYLES

Circle the choice A, B or C, that closes matches your preferred approach to each statement

Statement	Choice A	Choice B	Choice C
When you were learning your times-tables, how did you remember the answers?	Looked, then covered over the tables and tried to picture them	Said the tables out loud	Used your fingers or hands to help
You are learning new facts. Which way works best?	Watching a video	Listening to a tape explaining what is happening	Acting out what happened in a role play
You want to find out how a plug works. What do you do?	Look at a diagram or picture	Ask someone and listen to the explanation	Take the plug apart and then put it back together again
You have a list of new words you need to spell. How do you learn them?	Look at the shape of the word and the order of the letters	Say each letter out loud or in your head to yourself	Write the words over and over again
You want to learn a new sport. Which way is best?	Watch a demonstration	Be told the instructions and repeat them back	Just go and play it and find out as you play
You need to remember a telephone number, what do you do?	Imagine the pattern of numbers in your head	Repeat the numbers out loud	Learn the pattern the numbers make on the keypad
When you give someone directions, do you	Draw a map	Tell them and repeat instructions	Point and use your hands to show the way
If you are trying to concentrate what puts you off the most?	An untidy work area or room	Noises	People moving about
If you are learning something new on the computer how do you prefer to do it?	By watching someone else do it	By listening to instructions	By trying it out yourself
Total			

If you circled more A statements, then you prefer to learn visually (by looking)

If you circled more B statements, then you prefer to learn auditorily (by listening)

If you circled more C statements, then you prefer to learn kinaesthetically (by doing)